



SOUTH PARK
SeniorCenter

Located in the South Park
Neighborhood Center:
8201 10th Ave. S
Seattle, WA 98108

Dinner Menu

April 2024

Monday		Wednesday		Friday	
1	Chha Trob Charred Eggplant w/ Beef Mixed Vegetables Green Salad Fresh Fruit	3	Pueblo Pork Braised Pork w/ Sage Polenta Green Vegetables Mixed Salad Fresh Fruit	5	Bun Thang Ha Noi Chicken Noodle Soup Mixed Vegetables Green Salad Fresh Fruit
8	Labaniye bil Ruz Yogurt Marinated Chicken Kebab Green Veg on Rice Mixed Salad Fresh Fruits	10	Cape Malay Curry Chicken Curry Over Rice Greens & Potato Mixed Salad Fresh Fruits	12	Beef Ragu on Polenta Stewed Beef & Vegetables Grilled Polenta Mixed Green Salad Fresh Fruits
15	Khmer New Year Beef Lok Lak w/ Egg & Rice Bok Choy Mixed Green Salad Fresh Fruits	17	Esfihas Flatbread w/ Beef & Tomato Green Vegetables Mixed Salad Fresh Fruit	19	Wonton Noodle Soup Pork Wonton Soup Mixed Vegetables Green Salad Fresh Fruits
22	Cajun Meatloaf Beef Meatloaf Green Vegetables and Potato Mixed Green Salad Fresh Fruits	24	Batenjen Mehchi Lamb Stuffed Eggplant Lentils & Rice Fresh Salad Fresh Fruit	26	Bò Sốt Vang Beef in Wine Sauce w/ Bread Mixed Veg Green Salad Fresh Fruits
29	Bai Mon Chicken on Rice Mixed Vegetables Green Salad Fresh Fruits				

Reservations required due to limited space. Please contact Engagement & Programs Manager, Charles Bontemps, to make a reservation.
(206) 909-0346 or charles@spseniors.org

Supported by:



Veterans, Seniors & Human Services Levy



Aging and Disability Services
Area Agency on Aging for Seattle and King County